The European Restless Legs Syndrome Study Group presents the
2nd European Course on Diagnosis and Management of Restless Legs Syndrome
Saturday, 14th December 2019, 8:30 – 15:30

Auditorium “Pavillon”, Klinikum Rechts der Isar, Ismaninger Str. 22, 81675 Munich, Germany

A world-renowned faculty will present the most up-to-date and relevant data on RLS and extensive opportunities will be offered to the audience to interact with these RLS experts
Official language: English

PROGRAMME

Morning Session
8:30-10:15

Chairpersons: Birgit Högl and Roselyne Rjisman
20-minute lectures followed by 10-minute discussions with the audience (except brief overviews)

08:30 Welcome and introduction
Birgit Högl (EURLSSG President), Innsbruck, Austria

08:45 Diagnosis of RLS, clinical course and comorbidities
Birgit Högl, Innsbruck, Austria

09:15 Brief overview: RLS pathophysiology and genetics
Barbara Schormair, Munich, Germany

09:30 Brief overview: Epidemiology of primary and symptomatic / comorbid forms
Klaus Berger, Muenster, Germany

09:45 RLS severity, diagnostic pathways, and mimics
Roselyne Rjisman, The Hague, The Netherlands

10:15-10:30 Coffee Break

Chairpersons: Yves Dauvilliers and Klaus Berger
20-minute lectures followed by 10-minute discussions with the audience

10:30 RLS therapeutic approaches:
Current guidelines and general introduction to pharmacological treatment options (10-15 min)
Yves Dauvilliers, Montpellier, France

Controversy:

Dopamine agonists should be the first-line treatment for RLS (10 min.)
Mauro Manconi, Lugano, Switzerland

Alpha-2-delta ligands should be the first-line treatment for RLS (10 min.)
Diego Garcia Borreguero, Madrid, Spain
11:15 What is augmentation, and how should it be managed?
Diego Garcia Borreguero, Madrid, Spain

11:45 Guidelines for iron therapy
Rosalia Silvestri

12:15 The patient’s perspective
Daragh Bogan, London, UK

Interactive Lunch Session: An opportunity for participants to discuss difficult cases with experts
12:30-13:30

Afternoon Session
13:30-15:30

Chairpersons: Mauro Manconi and Diego Garcia-Borreguero

13:30 Treatment guidelines in special conditions: pregnancy and children
Rosalia Silvestri, Messina, Italy

14:00 Managing RLS in renal failure, depression, and other comorbidities
Yves Dauvilliers, Montpellier, France

14:30 Interactive case discussions
Mauro Manconi, Lugano, Switzerland & Diego Garcia-Borreguero, Madrid, Spain

15:00 Q&A session and closing remarks
Roselyne Rijisman, The Hague, The Netherlands & Mauro Manconi, Lugano, Switzerland

15:30 Close

Sponsored by:
AoP Orphan (3.500,- €), Habel-Medizintechnik (3.000,- €), UCB Pharma GmbH (1.500,- €)