## Lectures

**Monday August 26, 2013**

**Lectures**

- **Sleep, Basics**
  - **Luppi/Achermann**

- **Neurobiology of wake, SWS, REM sleep**
  - **P.H. Luppi**

**Tuesday August 27, 2013**

- **Sleep and Psychiatry**
  - **Pollmächer/Riemann**

- **Alterations of sleep-wake cycle in psychiatric disorders: an overview**
  - **T. Pollmächer**

- **Nosology and Pathophysiology of insomnia**
  - **D. Riemann**

- **Sleep features in insomniac patients**
  - **M. Manconi**

**Wednesday August 28, 2013**

- **Sleep and Respiratory Medicine**
  - **Pepin/Levy**

- **The Obstructive Sleep Apnea Syndrome**
  - **W. Randerath**

- **Clinical and Pathophysiology of CSA**
  - **J.L. Pepin**

- **Sleep Apnea and cardiovascular diseases**
  - **C. Bassetti**

**Thursday August 29, 2013**

- **Sleep and Neurology**
  - **Bassetti/Nobili**

- **Narcolepsy**
  - **L.Ferini-Strambi**

- **REM sleep behavior Disorder**
  - **G. Plazzi**

**Friday August 30, 2013**

- **Sleep and Pediatrics**
  - **Bruni/Kerbl**

- **Age-related sleep features in children**
  - **O. Bruni**

- **Sleep Apnea**
  - **R. Kerbl**

- **Non Rem Parasomnias**
  - **L. Nobili**

- **Sleep Apnea**
  - **L. Nobili**

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### Coordinators

- **P. Achermann**
- **H.P. Landolt**
- **C. Cajochen**
- **T. Pollmächer**
- **D. Riemann**
- **M. Manconi**
- **J.L. Pepin**
- **C. Bassetti**
- **L.Ferini-Strambi**
- **G. Plazzi**
- **O. Bruni**
- **L. Nobili**
- **R. Kerbl**
<table>
<thead>
<tr>
<th><strong>Lecture Coordinators</strong></th>
<th><strong>Monday</strong></th>
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<tr>
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<td>Sleep, Basics</td>
<td>Sleep and Psychiatry</td>
<td>Sleep and Respiratory Medicine</td>
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<td>Dolenc-Groselj/Dogas</td>
<td>Pollmächer/Manconi</td>
<td>Penzel/Högl</td>
<td>Ferini-Strambi/Mathis</td>
<td>Kerbl/Bruni</td>
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<tr>
<td><strong>Special lecture</strong></td>
<td>13.30–14.30</td>
<td>D. Riemann</td>
<td>P. Levy</td>
<td>L. Nobili</td>
<td>R. Kerbl</td>
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<td>Title tbd</td>
<td>Sleep Apnea as a model of systemic disease</td>
<td>Sleep from the deep: what does intracerebral recordings tell us about sleep?</td>
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<td><strong>Practical sessions</strong></td>
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<td></td>
<td>Approach to sleep-wake disorders, Sleep questionnaires</td>
<td>Clinical diagnosis of insomnia-I</td>
<td>Diagnostic methods in sleep research</td>
<td>The assessment of EDS: different approaches</td>
<td>The assessment of sleep-wake disorders in children</td>
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<td>15.00–15.30</td>
<td>Z. Dogas</td>
<td>T. C. Wetter</td>
<td>J.L. Pepin</td>
<td>L. Ferini-Strambi</td>
<td>O. Bruni</td>
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<td>Instrumental assessment of sleep and sleep disorders</td>
<td>Clinical diagnosis of insomnia-II</td>
<td>Respiratory scoring Practical session: case studies</td>
<td>Excessive sleepiness: Practical session: case studies (a)</td>
<td>Sleep scoring in children</td>
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<td><strong>Break</strong></td>
<td>15.30–16.00</td>
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<td>16.00–16.30</td>
<td>L. Dolenc-Groselj</td>
<td>D. Riemann</td>
<td>B. Högl</td>
<td>J. Mathis</td>
<td>G. Plazzi</td>
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<td>16.30–17.00</td>
<td>P. Achermann</td>
<td>T. Pollmächer</td>
<td>T. Penzel</td>
<td>P. Levy</td>
<td>O. Bruni</td>
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<td>Quantitative methods of sleep evaluation</td>
<td>Insomnia and hypersomnia as symptoms of mental disorders Practical session: case studies</td>
<td>PAP treatment of Sleep Apnea Practical session: case studies (a)</td>
<td>B. Högl</td>
<td>Insomnia treatment: Practical session: case studies open</td>
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<td>17.00–17.30</td>
<td>Z. Dogas</td>
<td>M. Manconi</td>
<td>J.L. Pepin</td>
<td>L. Nobili</td>
<td>Circadian sleep disorders: Practical session: case studies</td>
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<td>Standard procedures for adults in accredited sleep medicine centers</td>
<td>PSG evaluation of sleep in insomnia before and after treatment: Practical session: case studies</td>
<td>PAP treatment of Sleep Apnea: Practical session: case studies (b)</td>
<td>Epileptic paroxysmal events: Practical session: video cases</td>
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