Agenda
Third Joint Sino-German Sleep Research Symposium

June 20, 2012
Registration

June 21, 2012 – Morning

Chairs: Thomas Penzel, Fang Han
08:30-08:40 welcome
08:40-09:00 Thomas Penzel (Berlin): Introduction to Sino-German Research Center
09:00-09:20 Xiang-Dong Tang (Chengdu): Daytime sleepiness measure in the patients with insomnia
09:20-09:40 Geert Mayer (Schwalmstadt): Narcolepsy diagnosis after early onset
09:40-10:00 Fang Han (Beijing): Risk of narcolepsy and H1N1 infection
10:00-10:20 Claudio Bassetti (Lugano): Sleep and stroke: Clinical and neurobiological aspects
10:20-11:00 Coffee break

Chairs: Dieter Riemann, Xi-Long Zhang
11:00-11:20 Andreas Schuld (Ingolstadt): Influences of psychopharmacological treatment on sleep and sleepiness
11:20-11:40 Ya-Nan Liu (Beijing): Genetic pathogenesis of narcolepsy in Chinese
11:40-12:00 Zhi-An Hu (Chongqing): Orexins enhance neuronal excitability and spatial learning in the entorhinal cortex with Short-term sleep deprivation increases intrinsic excitability of prefrontal cortical neurons
12:00-12:20 Xi-Long Zhang (Nanjing): Phrenic nerve stimulation for CHF (congestive heart failure)
12:20-13:20 Lunch

June 21, 2012 - Afternoon

Chairs: Joachim Ficker, Zhi-An Hu
13:50-14:10 Xiao-Song Dong (Beijing): Sleep apnea in China
14:10-14:30 Ingo Fietze (Berlin): Management of sleep apnea in the western world
14:30-14:50 Andreas Patzak (Berlin): Continuous blood pressure measurement during sleep using pulse wave velocity
14:50-15:10 Niels Wessel (Berlin): Synchronisation and Coupling Analyses in Sleep Research
15:10-15:30  Han-Qiao Wang (Shijiazhuang): Heart rhythm disorder in patients with obstructive sleep apnea syndrome
15:30-16:10  Coffee break
   Chairs: Thomas Wetter, Hua Zhao
16:10-16:30  Maritta Orth (Mannheim): Accidents in OSAS – epidemiology, diagnostics and treatment
16:30-16:50  Xue-Mei Gao (Beijing): The relationship between children's craniofacial morphology and upper airway
16:50-17:10  Yun Li (Chengdu): Immediate effects of overnight CPAP titration on MSLT score in patients with obstructive sleep apnea
17:10-17:30  Joachim H. Ficker (Nürnberg): Metabolic effects of sleep related breathing disorders
17:30-17:50  Xiao-Zhe Zhang (Beijing): Narcolepsy as a disorder of imbalance between sleep and wakefulness promoting substances

19:00 Social event: Boat journey: Sightseeing cruise along the river Spree.

June 22, 2012 - Morning
   Chairs: Ingo Fietze, Xiang-Dong Tang
08:30-08:50  Thomas Pollmächer (Ingolstadt): Narcolepsy and glucose metabolism from a clinical aspect
08:50-09:10  Thomas Wetter (Regensburg): Neuroimaging of sleep and sleep disorders
09:10-09:30  Wei-Min Qu (Shanghai): Roles of the basal ganglia in sleep-wake regulation
09:30-09:50  Anne von Rüsten (Nuthetal): Daytime sleep and risk of chronic diseases
09:50-10:10  Dieter Riemann (Freiburg): REM sleep instability - a new pathway for insomnia?
10:10-10:30  Tatjana Crönlein (Regensburg): Feasibility and acceptance of a standardized cognitive behaviour program in patients with severe insomnia in a psychiatric inpatient setting
10:30-11:00  Coffee break
   Chairs: Steffen Gais, Claudio Bassetti
11:00-11:20  Till Roenneberg (Munich): Recording and modelling human sleep/wake behaviour in real life
11:20-11:50  Ling-Hui Yang (Chengdu): Effects of stressor predictability and controllability on sleep, temperature, and fear behaviour in mice
11:50-12:10  Thomas Penzel (Berlin): Portable sleep apnea monitoring
12:10-12:30  Jie Wu (Berlin): SomnoNetz - a shared IT infrastructure for multicentre research and collaboration in sleep medicine

12:30-12:50  Eva-Maria Elmenhorst (Köln): Sleep and recovery in airplanes

12:50-13:10  Michael H. Wiegand (Munich): Effect of total sleep deprivation in depressed patients and healthy controls

13:10-14:10  Lunch
Chairs: Thomas Pollmächer, Ting-Li Li

14:10-14:30  Pascal Grosse (Berlin): Functional coupling between motor cortex and basal ganglia in human non-REM sleep

14:30-14:50  Susanne Diekelmann (Luebeck): Memory reactivation and reorganization during sleep

14:50-15:10  Steffen Gais (Munich): Reactivation – a sleep-specific mechanism of memory enhancement

15:10-15:30  Christoph Nissen (Freiburg): Sleep is more than rest for cortical plasticity

15:30-15:50  June J. Pilcher (Clemson, SC, USA): Sleep deprivation and self regulation

15:50-16:20  Coffee break

June 22, 2012 – Afternoon
Chairs: Joachim H. Ficker, Larry D. Sanford

16:20-16:40  Ping Gu (Shijiazhuang): Parkinson's disease and sleep

16:40-17:00  Cornelia Sauter (Berlin): Effects of Electromagnetic Field Exposure on the Waking and the Sleeping Brain

17:00-17:20  Larry D. Sanford (Norfolk): Viral encephalitis, immune regulation and sleep

17:20-17:40  Hua Zhao (Jilin): Habenular nucleus, depression and sleep

17:40-18:00  Birgit Högl (Innsbruck): Towards a more objective diagnosis of REM sleep behaviour disorder

20:00 Social event:  Bavarian meal
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June 23, 2012 – Visit Berlin and Potsdam - Sightseeing

June 24, 2012 – Depart