10th European Narcolepsy Day

NARCOLEPSY AND ITS BORDERLAND

18-19/05/2019

BERN UNIVERSITY HOSPITAL, INSELSPITAL
10th European Narcolepsy Day

NARCOLEPSY AND ITS BORDERLAND

Dear colleagues, patients, guests and friends,

On behalf of the European Narcolepsy Network (EU-NN), it is my pleasure to invite you to the 10th European Narcolepsy Day, which returns to Switzerland 9 years after the first event took place in Lugano in 2010.

The EU-NN is a non-profit organization whose mission is to increase public awareness about narcolepsy and related diseases and to support initiatives in research, education and management to improve the quality of life for all affected persons. Over the years the EU-NN narcolepsy day has become a unique opportunity for scientists, patients, physicians and healthcare professionals to receive updates and exchange ideas and experiences.

This year’s program, which immediately follows the 16th European Narcolepsy Master Class (Bern, May 17), includes clinical and scientific sessions on the narcolepsy borderland, lectures (“year in review”) on the most recent publications in the field of narcolepsy, short presentations by young investigators on current research projects, and a poster session. Representatives of national patient organizations will host a joint workshop with clinicians on “quality of life in narcolepsy” and a second session, in which questions prepared in advance by patients, will be discussed together with physicians and scientists.

In addition to the traditional awards for the best presentation and poster, the EU-NN is honoured to present for the first time the “European Narcolepsy Award” to Professor Emmanuel Mignot (USA) and Prof. Masashi Yanagisawa (Japan) for their outstanding research contributions to the field of narcolepsy.

We very much look forward to welcoming all of you to the beautiful city of Bern in May 2019.

Warm Regards,

Prof. Claudio Bassetti
President of the European Narcolepsy Network
SATURDAY, 18TH MAY 2019

08.30 Registration
09.00 Welcome - C. Bassetti (CH)

SESSION 1 - BASIC SCIENCE
P.H. Luppi (FR), T.E. Scammell (US)
09.15 Genetics of central hypersomnias - M. Tafti (CH)
09.45 Neurobiology of the narcolepsy borderland - M. Schmidt (CH)
10.15 Discussion
10.30 Coffee break

SESSION 2 - PATIENTS' SESSION
L. Sickenga (NL), M. O'Neill (UK)

SESSION 3 - YOUNG SCIENTISTS SESSION (6 TALKS)
F. Pizza (IT), A. Wierzbicka (PL)

SESSION 4 - YEAR IN REVIEW: NARCOLEPSY
K. Sonka (CZ)

SESSION 5 - CLINICAL SCIENCE
J. Mathis (CH), S. Bong Hong (KR)

SESSION 6 - PATIENTS QUESTIONS/ANSWERS
R. Khatami (CH), G.J. Lammers (NL)

SESSION 7 - AWARDS CEREMONY
B. Komum (DK), G. Plazzi (IT)

11.00 Lunch and Poster
11.30 EU-NN Business Meeting
12.00 Young Scientist Award - B. Komum (DK)
12.15 Best Poster Award - B. Komum (DK)

13.00 Coffee break
13.30 EU-NN BOARD meets the extra European guests

SUNDAY, 19TH MAY 2019

12.15 EUROPEAN NARCOLEPSY RESEARCH AWARD (AND LECTURE) 2019
E. Mignot (US)

13.00 EU-NN Business Meeting
13.30 EU-NN BOARD meets the extra European guests

15.30 Coffee break
16.00 Basic science - B. Komum (DK)
16.30 Clinical science - R. Khatami (CH)
17.00 Discussion

17.30 EU-NN BOARD meets the extra European guests

13.15 CLOSING CEREMONY
Narcolepsy Day 2020 International Narcolepsy collaboration
CREDITS
Swiss Neurological Society (SNG):
18/05 - 8 CREDITS, 19/05 - 4 CREDITS
An application has been made to EACCME®
(The European Accreditation Council for CME)
N° TO BE DEFINED
Swiss Society for Sleep Research, Sleep Medicine
and Chronobiology (SGSSC):
10 CREDITS

EVALUATION FORM
Tbd

AN UNCONDITIONED SUPPORT HAVE BEEN REQUESTED TO:

PATRONAGE:

MEETING VENUE
INSELSPITAL BERN
UNIVERSITÄTSKLINIK FÜR KINDERCHIRURGE UND KINDERHEILKUNDE
AUDITORIUM ETTORE ROSSI (31b)
Freiburgstrasse 15
CH-3010 Bern

(MAP)
LOCAL ORGANIZER

INSELSPIral
UNIVERSITÄTSSPIRAL BERN
BERN UNIVERSITY HOSPITAL

ANNE-MARIE ZAUGG
Inselspital, 3010 Bern (CH)
annemarie.zaugg@insel.ch

ORGANIZING SECRETARY

ESF
European Sleep Foundation
Fondazione Europea Sonno

ANDREA BARZAGO
andrea.barzago@europeansleepfoundation.ch
www.europeansleepfoundation.ch

For more information:
www.europeansleepfoundation.ch