GENERAL INFORMATION

Scientific Program Directors
Prof. Dr. Thomas Penzel
P0 Dr. Ingo Fietze
University Medicine Berlin
Charité Campus Mitte
Interdisciplinary Center of Sleep Medicine
Luisenstr. 13, 10117 Berlin
T: +49 30 450 513 122
E: schlaf.labor@charite.de
www.porstmann-kongresse.de/sleepmedicine

Organization
Porstmann Kongresse GmbH (PCO)
Mr. Thomas Hausfeld
Alte Jakobstr. 77, 10179 Berlin
T: +49 30 284699-19
F: +49 30 284699-11
E: sleepmedicine@porstmann-kongresse.de
www.porstmann-kongresse.de/sleepmedicine

Venue
Langenbeck Virchow Haus
Luisenstr. 58/59, 10117 Berlin
www.langenbeck-virschow-haus.de

Registration fees
Entire meeting 150 €
Resident 75 €
Student free
Opening ceremony at Charité Ruine free
Sleepless party on Friday, May 14 40 €

Please register online at
www.porstmann-kongresse.de/sleepmedicine

Cancellations of registration will only be accepted in writing. No refund will be given at cancellation after March 31, 2010.

Language
The official language of the symposium is English. No simultaneous translation.

CE Credits / Certification
The symposium will be certified by the Medical Chamber of Berlin as advanced training. A certificate of attendance will be available from the congress office on site during opening hours.

Sponsors and Industrial Exhibitors
The industrial exhibition will take place in the foyer of the Virchow Langenbeck House. Interested companies are cordially invited to take part in this exhibition.

Accommodation
Hotel reservation will be available from December 2009 at www.porstmann-kongresse.de/sleepmedicine
Best Western Hotel Berlin-Mitte ***
Albrechtstr. 25
Single 132 €
Double 142 €
Breakfast 8 €
Distance to the venue: 5 min walk
Mercure Hotel Charité ***
Invalidenstr. 38
Single 99 €
Double 109 €
Breakfast 17 €
Distance to the venue: 10 min walk

TRAVEL INFORMATION

How to get to the Symposium

Arrival by plane
From Tegel Airport take the TXL bus to Karlplatz, from where it is approximately 3 minutes by foot in the direction of the Charité. From the opposite side of the street (Schumannstr./Luisenstr.) you can also take Bus 147 for one stop to the Charité-Campus Mitte bus stop. The bus stops directly in front of the Langenbeck Virchow House.
From Schönefeld Airport take the underground (U-Bahn) to Friedrichstrasse; here take Bus 147 (towards Leopoldplatz) as far as the Charité-Campus Mitte bus stop. The bus stops directly in front of the Langenbeck Virchow House.
Transfer times by taxi:
Tegel: approximately 20 minutes
Schönefeld: approximately 50-60 minutes

Arriving by train
From the main railway station (Hauptbahnhof) take Bus 147 towards Puschkinallee as far as the Luisenstraße/Charité bus stop. The bus stops directly in front of the Langenbeck-Virchow House. From the Ostbahnhof take the tram (S-Bahn) as far as U/S Bahnhof Friedrichstraße, and from there bus Bus 147 (towards Leopoldplatz) as far as the Charité-Campus Mitte bus stop.

Arriving by car
Route planners can calculate the best route for you to arrive with your vehicle at the Langenbeck-Virchow House in Berlin from anywhere in Europe. Please note that the Langenbeck Virchow House does not have any parking facilities.

Useful links for your stay in Berlin
www.berlin.de
www.visitberlin.de
www.bvg.de (public transport)
www.berlin-airport.de

Printing Status: March 2010
INVITATION TO THE SLEEP MEDICINE SYMPOSIUM 2010

New Perspectives in Sleep Medicine

Sleep Medicine in Cardiology – Advances in diagnosis and therapy
We would like to cordially invite you to attend our international Sleep Medicine Symposium 2010. The symposium will take place on the 300th anniversary of the Charité, the 200th anniversary of the Humboldt University, and 20 years after the Interdisciplinary Center of Sleep Medicine at the Charité first came into existence. The symposium will be held from 14 – 15 May in the Berlin Medical Association’s historical auditorium in the Langenbeck Virchow House, Luisenstr. 58/59, 10117 Berlin.

We have invited prominent international scientists to the symposium who, in recent years, have managed to produce forward-looking results for sleep medicine and sleep research. In this symposium we want to focus in particular on the important role of sleep medicine in cardiology. This show up in new findings on the significance of sleep disorders for cardio pulmonary coupling during sleep and obstructive sleep apnea (T. Akerstedt, Stockholm, S)

Sleep disturbances in a murine model of acute myocardial infarction (C. O’Donnell, Pittsburgh, USA)

Cardiovascular insights from the large scale trials in sleep medicine. What could be added from the ongoing European database (J. Redon, Geneva, S)

Sleep apnea at high altitude (S. Babak, Moscow, T. Saarlandau, Bishkek, RUS)

Population study on genetics in sleep disorders (J. Hedner, Göteborg, S)

Hypersomnia (C. Kushida, Stanford, USA)

The nose as the interface for ventilation therapy (H. Braun, Marburg, G)

Obesity as a risk factor for sleep-related breathing disorders (R. Grunstein, Sydney, AUS)

Pathophysiology of Narcolepsy (M. Tafti, Lausanne, F)

Sleep disturbances in children (F. Han, Beijing, CN)

Pathophysiology of cardiovascular diseases. For this reason, during the symposium, progress in modern diagnostics for sleep related breathing disorders using very new methods in statistical physics will be presented as well as those generally available in cardiology. On the basis of new studies, the significance of sleep disorders for arterial hypertension, cardiac arrhythmias, cardiac insufficiency and arteriosclerosis will also be presented. The latest therapy guidelines will be introduced and perspectives for new potential therapies will be highlighted. The scope of the symposium will not be confined to sleep medicine in cardiology, it will also justify the claim that sleep medicine is a cross-cutting discipline with a highly interdisciplinary approach. New advances in physiology, neurology, otolaryngology, and the role of sleep medicine in preventative medicine, will also be shown.

With the symposium we want to continue with the more casual series of small international sleep research and sleep medicine symposia, highlighting the forward-looking lectures given by sleep clinicians carrying out topical research, and whose new data and concepts are often unpublished.

We are expecting around 200 to 250 participants at the symposium and all participants are invited to register their contributions for a poster presentation.

There will be an industrial exhibition in the foyer of the Langenbeck Virchow House.

PROGRAM OVERVIEW

Thursday, 13 May 2010

18:00 Welcome Address
18:30 Invited Lecture
19:30 Reception and welcome party

Friday, 14 May 2010

9:00 – 11:00 Basic research in sleep disordered breathing
11:30 – 13:00 Cardiac consequences of sleep disordered breathing
14:00 – 16:00 New methods in Diagnostic methods for sleep disordered breathing
16:30 – 18:00 Pathophysiology and treatment for sleep disordered breathing
19:30 Sleepless Party at…..

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SPONSORS AND EXHIBITORS

BREAT Medical GmbH
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HyperCare LIT
Keller Medical GmbH
ResMed GmbH & Co. KG
SOMMEDIC GmbH & Co. KG
UCB GmbH
Vivisol Deutschland GmbH

SCIENTIFIC PROGRAM

Thursday, 13 May 2010

18:00 Welcome Address by Dean of Charité
18:30 Invited Lecture: The future for sleep medicine and sleep research (C. Kushida, Stanford, USA)
19:30 Reception and welcome party in “Medizinhistorisches Museum” at Charlotten Ruine

Saturday, 15 May 2010

11:30 – 13:00 Hypersomnia
The regulation of sleep needs (F. Colchen, Basel, CH)
Pathophysiology of Narcolepsy (G. Mayer, Schwalmstadt, GER)
Early onset of narcolepsy in children (F. Has, Beijing, CN)
14:00 – 15:30 Sleep wake rhythm
Shift work and stress influences sleep quality (T. Akerstedt, Stockholm, S)
Temperature regulation improves sleep (E. von Someren, Amsterdam, NL)
A mathematical model of homeostatic orexin/hypocretin effects in sleep-wake regulation (K. Braun, Marburg, GER)