

DETA OSA Symposium 2026 –Program

Organized by The Danish ENT Academy

Aarhus, August 27–28, 2026

Language: English

Venue: ARoS Modern Art Museum

Website: <https://entdenmark.com/sleep-apnea/>

All sessions will be followed by 5 min for Q&A.

Day 1 – Thursday, 27 August 2026

08.15–08.30 | Registration, coffee, pastries & trade displays

08.30–08.40 | Welcome & Opening Remarks – Organizing Committee

Session 1: Surgical Frontiers in OSA (Auditorium)

08.40–09.10 | The Role of the ENT Surgeon in the Management of Sleep Apnoea – Prof. Vik Veer

09.15–09.45 | Palate Surgery 2026: Up to Date – Prof. Claudio Vicini

09.50–10.10 | Coffee, Tea & trade displays

10.10–10.40 | The Evolution of Implants for Sleep Apnea – Prof. Olivier Vanderveken

10.45–11.15 | Experiences with the Single Port Robot in TORS surgery – Prof. Claudio Vicini

11.20–11.30 | Group Picture

11.30–12.30 | Lunch & Networking

Session 2: DISE and Complex Airway Diagnostics (Auditorium)

12.30–13.00 | Improving the Accuracy of Drug-Induced Sleep Endoscopy – Prof. Vik Veer

13.05–13.35 | Upper airway evaluation in children with OSA – Prof. An Boudewyns

13.40–14.20 | Panel Discussion with Cases

14:25–14:45 | Coffee, Tea & trade displays

Session 3: Pediatric Sleep Apnea – Diagnostics & Pathways (Auditorium)

14.45–15.15 | Diagnosis, Phenotypes and Sleep Studies in Pediatric OSA – Tina Lildal

15.20–15.50 | Surgical treatment modalities for children with OSA – Prof. Palma Benedek

15.55–16.25 | Surgical Management of Syndromic Children, Persistent OSA, and Postoperative Complications – Prof. An Boudewyns

End of delegates program

16.30–17.30 | General Assembly – Danish Society for Sleep Surgery

18.15–18.30 | Welcome Drink at AROS Panorama Restaurant

18.30–20.00 | Symposium Dinner

20.00–21.00 | Guided Highlight Tour at AROS (in groups)

21.00–late | Informal Drinks at a Scenic Cocktail Bar in the City

Day 2 – Friday, 28 August 2026

09.00–09.15 | Coffee & arrival

Session 4: Multidisciplinary Collaboration & Surgical Strategy (Auditorium)

09.15–09.40 | Selection processes in Sleep Apnea and Multimodal OSA Treatment: Our Experience – Prof. Claudio Vicini

09.45–10.15 | Our MDT Approach to OSA Management – Prof. Vik Veer

10.20 – 10.40 | Coffee, pastries & trade displays

10.40–11.10 | Surgical Approaches and Experience from Belgium – Prof. Olivier Vanderveken

11.15–11.45 | Maxillomandibular Advancement – Prof. Liselotte Sonnesen

11.50–12.10 | Panel Discussion

12.10–12.55 | Lunch

Session 5: Parallel Afternoon Tracks (12.55–15.35)

Option 1 – Breakout Session & Technical Workshop (Group Room)

- Clinical Reading of Cardio-Respiratory Monitoring (CRM)
- Artefact Identification and Elimination in Raw Data
- Improving Autoscore Accuracy: Tools and Pitfalls
- Case-Based Discussion

Led by Prof. Palma Benedek, Dr. Jesper Bille & Dr. Tina Lildal

Option 2 – Danish Innovation in Sleep Surgery and The Role of Nasal Obstruction (Auditorium)

12.55–13.25 | Hypoglossal Nerve Stimulation – Early Danish Experiences – Eva Kjær

13.30–14.00 | Managing Nasal Obstruction in Adult OSA – Dr. Milos Fuglsang

14.05–15.35 | The Role of Nasal Obstruction in Pediatric OSA

15:35–15:50 | Short Coffee Break

Session 6: Closing Session: Poster Presentations & Audience Voting (Auditorium)

15.50–16.20 | Poster Awards & Selected Presentations – Organizing Committee

16.20 –16.30 | Closure & Farewell

All plenary sessions will be streamed live and free for professionals in low-resource settings.