



Deadline for Applications:  
30 September 2021

**LILO HABERSACK-  
RLS-AWARD FOR  
YOUNG SCIENTISTS**

**2021**

Awarded by  
DEUTSCHE RESTLESS LEGS VEREINIGUNG



## LILO HABERSACK

### RLS YOUNG SCIENTIST AWARD

In 2021, the RLS e.V. German Restless Legs Association will award the RLS Young Scientist Prize initiated by Lilo Habersack for the third time. The award serves to further develop research on the topic of Restless Legs Syndrome (RLS) and to promote young scientists. It is awarded at the Annual EURLSSG Meeting.

Scientists who are clinically and / or scientifically involved in the subject of "Restless Legs Syndrome" in a planned project and who are either currently working on a dissertation or a PhD, or who are completing their doctorate or PhD, can apply. The PhD degree was not more than 5 years ago. This period is extended by parental leave or absenteeism due to extraordinary stress. The special scientific preliminary work (e.g. excellent dissertation, a publication with remarkable research results, the development of innovative research hypotheses or approaches) should serve as the basis for funding. Achievements are also expressly recognized in which a transfer of methods and approaches from another area into RLS research can take place. Young female scientists are particularly encouraged to apply.

The award is presented in the form of a certificate and is endowed with a Prize money of 4,000 euros.

### APPLICATION

Applications are only accepted until September 30, 2021 and only in electronic form (PDF file max. 4 MB)

Please address to the office of the RLS e.V. :

[info@restless-legs.org](mailto:info@restless-legs.org)

subject: „Lilo Habersack-RLS-Nachwuchsforscherpreis“

The application documents should contain a curriculum vitae, a list of publications, a description and explanation of the project in German or English (max. 4 pages) and a summary of the same (max. 2000 characters). The date of receipt is decisive for consideration in the procedure.

## **CALL FOR PROPOSALS**

The award is open to the public. All information about the tender can be found on the homepage of the German Restless Legs Association. In addition German and international universities, medical research institutes and the International and European Restless Legs Study groups will be informed about the call for proposals. Furthermore, the medical journals will be asked to publish.

## **ELECTION OF THE AWARD WINNER**

The evaluation of the submitted applications and the selection of the winner are carried out by an independent jury. The jury's decision is final and takes place without recourse to legal proceedings.

## **PRESENTATION OF THE AWARD**

The award for 2021 will be presented at the Annual EURLSSG Meeting in the presence of board members of the German Restless Legs Association.

The framework of the award ceremony is also intended to demonstrate to the outside world the appreciation that the German Restless Legs Association has for the work of the award winner.

## USE OF THE PRIZE MONEY

The award winner is free to use the funds as part of his research activities. However, the means of subsistence must be secured elsewhere. The Lilo Habersack RLS Young Scientist Award is a one-time financial contribution. The purpose of the financial support is to enable the award winner to be able to afford some “extras”, such as: Research stays in a laboratory, congress visits, computers, specialist literature or the like.

In return, the award winner is obliged to submit a report on the use of the funds after one year and to present his RLS project and its results to the public at the next EURLSSG meeting .

## AWARD ANNOUNCEMENT

On the occasion of the award ceremony the RLS e. V. German Restless Legs Association in Collaboration with the prize-winner will prepare a Press release.

**RLS e.V.**

**Deutsche Restless Legs Vereinigung**

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